



Paleo Diet: 365 Days of Gluten-Free Grain-Free Paleo Diet Slow Cooker Recipes (Paperback)

By Sarah Peterson

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.DISCOVER 365 DAYS OF AMAZINGLY QUICK EASY PALEO SLOW COOKER RECIPES! If you want to prepare delicious, easy Paleo slow cooker meals, this recipe book is for you. The beauty of having 365 Days of Paleo recipes is that you will never find yourself bored with any of the possible combinations; indeed, you will be set for an entire year with delicious recipes to keep you feeling full and satisfied from morning until night. And the best part is, the mode of preparation is one of the easiest that has ever been invented in the history of cooking. Slow cookers are a vital tool for any busy kitchen, as they present immense benefits. Not only do they provide a healthy way of preparing food, they provide a time-conscious way of making some of the most delectable meals. With a slow cooker, your only responsibilities are to load the pot with the ingredients you want cooked, set the time and the heat according to the recipe instructions, and simply wait for your meal to be ready! The little cleanup...

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