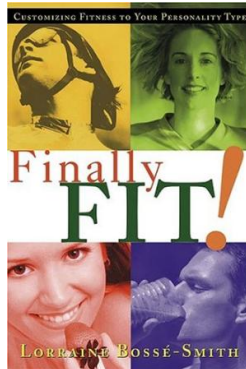


## Finally Fit: Customizing fitness to your personality type



### Book Review

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(Dr. Fae Walsh)

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